

Position: Athletic Trainer

Salary Range: 33

**Summary**

Provide athletic trainer coverage for high school and athletic programs.

**Distinguishing Characteristics**

The athletic trainer will practice said profession within the parameters of the National Athletic Trainers' Association Board of Certification Examiners, and will follow both the Standards of Practice and Code of Ethics as set forth by the National Athletic Trainers Association. These duties are based on the needs of the school and its athletic programs. The athletic trainer's duties, enumerated in this document, should not be considered all inclusive. The athletic trainer will be present at home athletic contests and practices and shall attend other post-season and home-hosted contests as directed by the Athletic Director.

**Essential Duties and Responsibilities**

- Working with coaches, athletes, and medical professionals to evaluate the player's physical condition.
- Establish an effective athletic training program for high school athletics.
- Provide 1st aid and injury assessment/treatment/rehabilitation/reconditioning for Davis Joint Unified student-athletes. The athletic trainer will also be responsible for making appropriate physician referral.
- Provide coverage at home events and practices from the beginning of the fall sport season to the conclusion of the spring season.
- Coordinate the annual required athletic physicals and supervise the clearance of injured athletes prior to and during the sport seasons.
- Maintain a line of communication with the team physician(s) regarding athletic health care and recommended treatment/rehabilitation for all athletic injuries.
- Assist coaching staff in evaluating and implementing sport specific conditioning programs and methods.
- Maintain an effective and efficient athletic training room.
- Maintain communication with parents on the care & treatment of their student-athlete.
- File all necessary reports associated with athletic injuries and/or incidents.
- Maintain a daily treatment log.
- Oversee the ordering of supplies and equipment pertaining to the athletic training room and maintain an up to date inventory. Provide the Athletic Director with an annual budget for supplies and equipment.
- Equip each team with appropriate medical equipment.
- Assist in the selection and fitting of protective equipment, including special taping, pads or

braces.

- Create a safe playing environment by monitoring and controlling environmental risks (i.e. ).
- Share professional literature relative to athletic training with the school's coaching staff.
- Communicates with students, staff, parents, and the public using tact, diplomacy and courtesy in sometimes confrontational or stressful situations.
- Requires the ability to comprehend and follow safety plans, procedures, and policies, and all other District standards and procedures.
- Implement and maintain the district's concussion management protocols.
- Performs related duties as required to accomplish the objectives of the position.

## **Qualifications**

### **Knowledge and Skills**

- Assessment and evaluation skills and working with other healthcare professionals will be needed.
- Decision-Making Skills: Ability to think critically and make independent decisions regarding the assessment, treatment, rehabilitation and return to play decisions per state licensure guidelines.
- Interpersonal Skills: Ability to communicate effectively in high stress/pressure situations when talking to patients, medical professionals, staff and families.
- Confidential Information: Ability to maintain accurate and confidential information including all HIPPA regulations.
- Knowledge of Concussion management, sudden cardiac arrest, and heat illness guidelines.
- Knowledge of all CIF bylaws.

### **Abilities**

- Must have knowledge of general medical issues usually related to athletic performance and injury..
- Must have attention to detail: should be thorough and detailed with injury tracking and documentation.
- Must have the ability to organize, prioritize and perform multiple tasks with little or no supervision
- Must adhere to the most up to date injury prevention and postvention strategies.
- Must have the ability to maintain clean and safe athletic training room and equipment.

### **Physical Abilities**

Requires the ability to stand for extended periods of time, walk distances, and manipulate (lift, carry, guide, push, pull) light to medium weights of 10-50 pounds on a sustained basis, with heavier objects (up to 100 pounds) on an occasional basis. Requires the ability to stoop, kneel, and crouch on a regular basis. Requires sufficient hand-eye coordination, hand and finger dexterity including ability to grasp small devices as well as common tools, and visual acuity to operate specialized equipment and read technical and safety information.

**Education and Experience**

Bachelor's degree in athletic training or comparable subject. Required: Three (3) years experience with high school age athletic programs or related experience. Preferred: Five (5) Years experience working with high school age athletic programs.

**Licenses and Certificates**

Maintain current certification and continuing education requirements as set forth by the National Athletic Trainers' Association Board of Certification. Maintain current certification in CPR/Emergency Cardiac Care.